



Appendix I. The HPQ (Herniorrhaphy Pain Quest)

<p>1. Estimate the severity of pain in the groin you felt before the operation</p> <p>2. Estimate the pain you feel right now in the groin on the same side as the operation</p> <p>3. Estimate the worst pain you felt in the operated groin during this past week</p>	<p>1. No pain</p> <p>2. Pain present but can easily be ignored</p> <p>3. Pain present, cannot be ignored, but does not interfere with everyday activities</p> <p>4. Pain present, cannot be ignored, interferes with concentration on chores and daily activities</p> <p>5. Pain present, cannot be ignored, interferes with most activities</p> <p>6. Pain present, cannot be ignored, necessitates bed rest</p> <p>7. Pain present, cannot be ignored, prompt medical advice sought</p>
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<p>4. If you answered "no pain" to question 4, try to remember when the pain in the operated groin disappeared after the operation</p>	<p>1. The pain in the operated groin disappeared within 1 month after the operation</p>	<p>2. The pain in the operated groin disappeared 2-3 months after the operation</p>	<p>3. The pain in the operated groin disappeared 4-6 months after the operation</p>	<p>4. The pain in the operated groin disappeared 7-12 months after the operation</p>	<p>5. The pain in the operated groin disappeared 13-24 months after the operation</p>	<p>6. The pain in the operated groin disappeared recently</p>
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<p>5. How often have you felt pain in the operated groin during the past week?</p>	<p>1. Once a week</p>	<p>2. 2-5 times a week</p>	<p>3. Every day</p>	<p>4. Every day and even during night time</p>	<p>5. I have had pain the whole week, day as well as night</p>
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6. How long have the episodes of pain lasted the in the past week?	1. 1 minute – 1 hour	2. 1-5 hours	3. The whole day	4. Day and night	5. The pain has lasted the whole week, day and night
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7. Do you find it difficult getting up from a low chair because of pain in the operated groin?	No Yes I don't know Not applicable
8. Do you find it difficult sitting down for more than half an hour because of the pain?	
9. Do you find it difficult standing up for more than half an hour because of the pain?	
10. Do you find it difficult going up or down stairs because of the pain?	
11. Does driving a car cause you pain?	
12. Has the pain limited your ability to exercise and perform sports?	

13. Have you on any occasion taken pain-killers for pain in the operated groin?	No	Yes
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14. To what extent has pain in the groin limited your working capability in the last 2 months?	1. I have not needed to take sick leave	2. The pain made me take 1-7 days' sick leave during the last 2 months	3. The pain made me take sick leave for 1-4 weeks during the last 2 months	4. The pain has made me take sick leave for the whole of the last 2 months	5. I have a disability pension because of pain in the groin	6. I am not working
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15. Estimate the severity of pain you feel right now in the groin opposite to the operated side	1. No pain 2. Pain present but can easily be ignored 3. Pain present, cannot be ignored, but does not interfere with everyday activities 4. Pain present, cannot be ignored, interferes with concentration on chores and daily activities 5. Pain present, cannot be ignored, interferes with most activities 6. Pain present, cannot be ignored, necessitates bed rest 7. Pain present, cannot be ignored, prompt medical advice sought
16. Estimate the worst pain you have felt in the groin opposite to the operated side during this past week	

17. To be answered by males – have you experienced testicular pain on the same side as the operated groin since the operation?	
18. Have you been operated on for hernia or had an abdominal operation since the hernia operation in 2000?	No Yes